



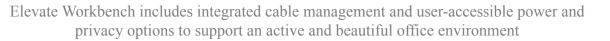
# ELEVATE

# WE ARE NOT BUILT TO SIT ALL DAY



- Muscle movement pumps blood and oxygen through the brain. But when we sit at one place for long period, everything slows down even brain function.
- Working at a **desk** for a long period is a common cause of back and **neck pain.** Staying in one position all day can also lead to fatigue as the muscles are actively trying to hold your spine in place. Here are a few tips for reducing neck strain due to poor posture at the office.
  - Body burns less fat and flows less blood while sitting for a longer period of time, which allows fatty acids to clog the heart easily. Sitting for for long period can lead to high blood pressure and cholesterol, which will be more prone to cardiovascular diseases.
- Studies have linked sitting for a long period at one place to a greater risk for colon and breast cancers. Regular movement boots natural antioxidants that kills cancer causing cells.
- Spending much of your day in a seated position can leave your spine sore, stiff, and in pain. That's because too much sitting, puts stress on the muscles and discs of your back and neck. This position results in tightness of your hip flexors such as the iliopsoas muscle and pressure and some ischemia of your buttock muscles. This muscle is an important supporter of the spine.











# **Ergonomic Design for people at work**

Sitting, standing or generally moving around during the day?
ELEVATE electric adjustment makes a quick switch of posture easy, providing support that will avoid sitting fatigue and pain, increase alertness and productivity. Elevate is a height adjustable sit-stand table that meets the demands of heathier work environments.





#### Some details are not meant to be seen. but to be felt

With height adjustability, clean lines, smart cable management, and compatible storage solutions, Elevate Benching can be configured just the way you want it

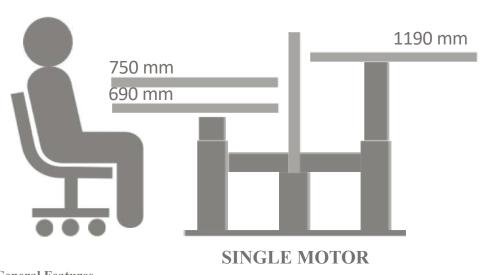


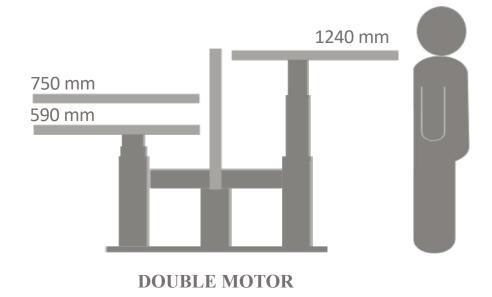


# **Ergonomic Design**

Elevate portfolio includes both freestanding desk as well as clustered understructure, allowing greater freedom when designing large floor plans. Linear Benching can be specified with 600 to 800mm depth and various lengths ranging from 1200 – 1800mm.





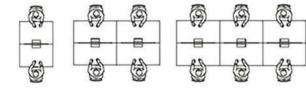


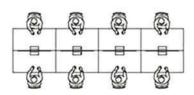
#### **General Features**

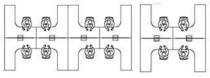
Maximum load: 800 N / column Maximum speed at full load: 35 mm/sec Minimum installation dimension: 690 mm

Stroke: 500 mm

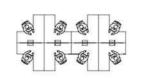
#### CONFIGURATIONS

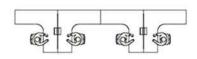


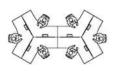






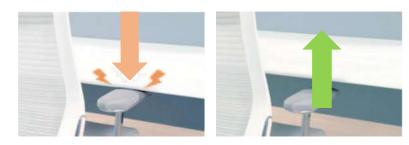






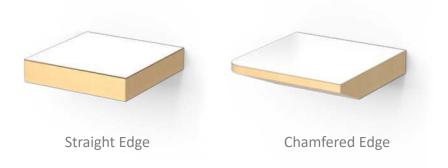


#### **ANTI COLLISION SYSTEM**



During height adjustments, if the table top comes in contact with another object, it instantly stops and returns to  $\sim$ 3cm (1 1/6") from contact point. This safety function helps prevent accidents and keep your items safe.\*

#### **WOODEN EDGE FINISHES**



#### **CONTROL PANEL**



#### **BUTTON TOUCH**

It is a perfect choice for a wide range of desks and workstations with a demand for a panel with height readout.

The button touch has a display for height read-out in either cm or inches. The display switches off when not in use, thereby saving power in standby mode.



#### **SMOOTH TOUCH**

It is an intuitive desk panel featuring the basics of a desk panel: Up and down drive of the office desk.

The smooth touch is activated by tilting the desk panel in the same direction as the desk is intended to drive – which makes it an intuitive desk panel.



#### SMOOTH TOUCH (WITH DISPLAY)

It are activated by tilting; an easy intuitive way to adjust a desk without any attention needed. With the smooth touch, you get up to four memory positions which are reached by simply tilting the panel until the desk stops at the stored position.

The integrated reminder function, is visualised by a light. Its colour reflects the current usage status of the desk. A colour change of the light reminds the user when it is time to change position

# **WOODEN GRAINS**



# **FABRICS**



# **POWDER COATING FINISHES**







GREY (ONLY FOR PROJECTS)



BLACK (ONLY FOR PROJECTS)

